



# Advance Care Planning Workshop

## Making Your Medical Wishes Known

**Saturday, May 5th; 1-3pm**

Cadillac Wexford Public Library  
411 S. Lake St., Cadillac

*Since we never know what may happen on any given day and life can bring unexpected twists and turns, it can be difficult to know what decisions may need to be made. A little planning now will save those dearest to your heart unneeded stress later. The best time to talk about the type of medical care you may or may not want is when you don't need it. Attend a free workshop, we can help you.....*

- Consider the various health care decisions and treatment preferences you may need to consider now, in the future, or at end of life.
- Recognize the importance of choosing the appropriate person to communicate your wishes for you if you become too sick to make your own medical decisions.
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- Learn how to communicate your goals for living a meaningful life and what circumstances may affect the decisions you may make now, in the future, and at end of life.
- A page by page walk through of Munson Healthcare's Advance Medical Directive and Treatment Preferences booklet so you can put your wishes in writing. This is a legal document.

Workshops are free but registration is appreciated. To register, visit [munsonhealthcare.org/ACP-events](http://munsonhealthcare.org/ACP-events) or call **231-935-6176**.



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